

Spring Menu Week 1	м	onday	Tuesday	Wednesday	Thursday	Friday			
Breakfast		Multigrain toast with a variety of spreads and a selection of cereals and homemade museli Water and milk are offered at mealtimes and water is available throughout the day							
Morning Tea		Selection of Seasonal Fruits served with Greek Yoghurt							
Lunch		Vegetable ken Pasta	Mexican Burrito Bake and Salad	Make your own Sandwich or Wrap	Indian Pilaf with Roast Chicken and Seasonal Greens	Creamy Pesto Homemade Gnocchi			
Afternoon Tea		nd Cheese Platter	Dip and Cheese Platter with Veggie Batons and Crackers	Rhubarb and Apple Crumble	Cheese and Veggie Wraps	One Pan Pancakes and Orange Wedges			
Late Snack	A selection of Sandwiches or Cheese & Crackers								

Dairy free and gluten free options available

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Spring Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday			
Breakfast	Multigrain toast with a variety of spreads and a selection of cereals and homemade muesli Water and milk are offered at mealtimes and water is available throughout the day							
Morning Tea	Selection of Seasonal Fruits served with Greek Yoghurt							
Lunch	Spanish Style Tuna Pasta Bake with Seasonal Greens	Roast Chicken and Rice Salad	Moroccan Lamb and Pumpkin Tagine with Couscous	Pasta Napoli and Steamed Seasonal Greens	Teriyaki Beef and Vegetables and Jasmine Rice			
Afternoon Tea	Banana Bread Slice and Smoothies	Mini Sushi Rolls	Dip and Cheese Platter with Veggie Batons and Crackers	Selection of Sandwiches	Fruit and Cheese Platter			
Late Snack		A selection	of Sandwiches or Cheese	& Crackers				

Dairy free and gluten free options available