

Spring Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain toast with a variety of spreads and a selection of cereals and homemade muesli Water and milk are offered at mealtimes and water is available throughout the day				
Morning Tea	Selection of Seasonal Fruits served with Greek Yoghurt				
Lunch	Mac and Cheese with Steamed Vegetables	Mediterranean Beef and Vegetable Filo Pie	Warm Tandoori Chicken and Potato Salad with Flat Bread	Golden Tuna and Potato Pie served with Steamed Vegetables	Cheesy Mexican Beef and Rice with Avocado and Tomato Salsa
Afternoon Tea	Dip and Cheese Platter with Veggie Batons and Crackers	One Pan Pancakes and Orange Wedges	Cheese and Veggie Wraps	Rhubarb and Apple Crumble	Fruit and Cheese Platter
Late Snack	A selection of Sandwiches or Cheese & Crackers				

Dairy free and gluten free options available

Spring Menu Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain toast with a variety of spreads and a selection of cereals and homemade muesli Water and milk are offered at mealtimes and water is available throughout the day				
Morning Tea	Selection of Seasonal Fruits served with Greek Yoghurt				
Lunch	Traditional Spaghetti Bolognese	Make your own Sandwich or Wrap	Singapore Noodles with Chicken and Asian Greens	Fish Tacos with Blue Grenadier and Salad	Mild Lamb Curry with Cucumber Raita and Papadums
Afternoon Tea	Mini Sushi Rolls	Fruit and Cheese Platter	Selection of Sandwiches	Banana Bread and Smoothies	Dip and Cheese Platter with Veggie Batons and Crackers
Late Snack	A selection of Sandwiches or Cheese & Crackers				

Dairy free and gluten free options available